





Ankle Bracing Sleeve AF7:

WHERE TO MEASURE 	Size	Ankle Circumference	Average Shoe Size		
	S	5.5-6.5 in / 14-17 cm	US: M 5-6 / W 6-8	UK:	EU:
M	7-8.25 in / 17-21 cm	US: M 7-8.5 / W 9-10	UK: 6.5-8	EU: 40-41	
L	8.5-9.5 in / 21-24 cm	US: M 9-11 / W 11-13	UK: 8.5-10.5	EU: 42-44	
XL	10-12 in / 25-30 cm	US: M 11.5-13	UK: 11-12.5	EU: 45-46	
XXL	12-PLUS / 30-PLUS	US: M 13-PLUS	UK: 12.5-PLUS	EU: 47-PLUS	


Decompression Sleeve DS6:

WHERE TO MEASURE 	Size	Arch Circumference	Average Shoe Size		
	S	5-8 in / 13-20 cm	US: M3-5.5 / W4-6.5	UK: 1-3	EU: 33-36
M	7-10 in / 18-25 cm	US: M6-9.5 / W7-10.5	UK: 4-8	EU: 37-41	
L	9-13 in / 23-33 cm	US: M10-13 / W11-Plus	UK: 9-13	EU: 42-46	
XL	11-15 in / 28-38 cm	US: M13.5-15	UK: 14-16	EU: 47-50	


Bunion Bracing Sleeve HV3:

Size	Average Shoe Size		
S/M	M 3-7/W 4-8	UK: 2-7	EU: 35-39
L/XL	M 8-13/W 9-Plus	UK: 7-12	EU: 39-47

Performance Foot Sleeve FS6:

WHERE TO MEASURE 	Size	Arch Circumference	Average Shoe Size		
	XS	4-6 in / 10-15 cm	US: C12-M3 / C12-W4		
S	5-8 in / 13-20 cm	US: M3-5.5 / W4-6.5	UK: 1-3	EU: 33-36	
M	7-10 in / 18-25 cm	US: M6-9.5 / W7-10.5	UK: 4-8	EU: 37-41	
L	9-13 in / 23-33 cm	US: M10-13 / W11-Plus	UK: 9-13	EU: 42-46	
XL	11-15 in / 28-38 cm	US: M13.5-15	UK: 14-16	EU: 47-50	
XXL	13-18 in / 33-46 cm	US: M15.5-Plus	UK: 17-Plus	EU: 51-Plus	


Compression Bracing Socks FS4+:

WHERE TO MEASURE 	Size	Ankle Circumference	Calf Circumference	Average Shoe Size		
	S	6.5-8.5 in/17-22 cm	9.5-14.5 in/24-37 cm	US: M3-5.5/W 4-6.5	UK: 1-3	EU: 33-36
M	8.5-10.5 in/21-27 cm	12-17 in/30-43 cm	US: M 6-9.5/W 7-10.5	UK: 4-8	EU: 37-41	
L	9.5-12.5 in/25-31 cm	14-19 in/35-48 cm	US: M 10-13/W 11-Plus	UK: 9-13	EU: 42-46	
XL	12-14 in/30-35 cm	14.5-20 in/37-51 cm	US: M 13.5-15	UK: 14-16	EU: 47-50	

Plantar Fasciitis Socks (Crew & No Show) FS4:

Size	Average Shoe Size		
S	US: M3-5.5 / W4-6.5	UK: 1-6.5	EU: 33-36
M	US: M6-9.5 / W7-10.5	UK: 7-10.5	EU: 37-41
L	US: M10-13/ W11-Plus	UK: 11-Plus	EU: 42-46
XL	US: 13.5-Plus		EU: 47-50

Performance Knee Sleeve KS7:

WHERE TO MEASURE 	Size	Above Patella Circumference	Below Patella Circumference
	S		12-16 in / 30-40 cm
M		14-18 in / 35-45 cm	11-15 in / 28-38 cm
L		16-20 in / 40-50 cm	13-17 in / 33-44 cm
XL		18.5-22.5 in / 47-57 cm	15-20 in / 38-50 cm
XXL		20-25 in / 53-63 cm	17-23 in / 42-54 cm
XXXL		23-29 in / 58-73 cm	20-27 in / 51-64 cm
XXXXL		27-34 in / 69-87 cm	23-30 in / 59-77 cm

Bunion Relief Sock BR4:

Size	Average Shoe Size		
S	US: M3-6 / W4-7	UK: 1-5	EU: 33-37
M	US: M6.5-9.5 / W7.5-10	UK: 5-8.5	EU: 38-41
L	US: M10-13/ W10.5-Plus	UK: 9-11	EU: 41-43